

## CASE MANAGEMENT SERVICES:

Case Management involves a comprehensive assessment, case planning, service facilitation and outcome monitoring to connect individuals with services that best meet their needs.

### Our case management model

- Provides a single point of contact for services
- Is strengths-based and person-centred
- Is adaptable and meets the needs and goals of the individual
- Provides advocacy for the individual across many systems and agencies
- Provides continuity of support through appropriate referral, transition and follow-up
- Is community-based and reinforces partnerships
- Begins 'where the individual is' by responding to tangible needs
- Understands the natural course of addiction and recovery
- Supports self-determination for all individuals
- Provides culturally appropriate services

## WE'D LIKE TO HEAR FROM YOU:

For more information on our services visit our website, call 08 8307 2800 or email [AOD.Counsellor@lwb.org.au](mailto:AOD.Counsellor@lwb.org.au)

Case Management Services are available across the following programs:

- Community Based Alcohol and other Drugs Services for Veterans
- Alcohol and other Drugs Services Program – Ceduna
- Alcohol and other Drugs Services Program – Adelaide Northern Metropolitan Area



[www.lwb.org.au](http://www.lwb.org.au)



# WE'RE IN THIS TOGETHER

Alcohol and Other Drugs  
Case Management

21/2/2017 | LWB11688



WE  
LIFE WITHOUT BARRIERS  
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Mental Health and Housing Support

WE  
LIFE WITHOUT BARRIERS  
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Mental Health and Housing Support



# WE'RE ALL ABOUT YOU

Life Without Barriers (LWB) provides Alcohol and other Drugs Case Management services to people with identifiable alcohol and/or other drugs dependency.

Depending on the program, services are available through self-referral or referral by a GP, family/ carer, hospital personnel, mental health services or social and emotional wellbeing workers (SEWB). Please contact LWB if you are unsure of your referral pathway.

## THE LWB APPROACH

We see people as individuals who have unique needs and tailor our services to meet their needs by adopting a person-centred approach.

We adopt a harm-minimisation framework in the Alcohol and other Drugs programs, supporting our clients to identify and achieve their identified treatment goals.

Our goal is to partner with people and utilise their personal strengths to achieve long lasting changes in their lives.

Our services are designed and delivered in ways that are inclusive, appropriate and respectful to all people.

## SERVICE PRINCIPLES

- Services are voluntary
- Intervene at the earliest possible point of crisis to minimise ongoing dependency on services
- LWB collaborates with other agencies, ensuring a comprehensive and holistic approach in meeting people's needs, safety, and recognising/addressing the needs of client's children where applicable
- Provide relapse prevention strategies through education and group activities
- Adopt the SMART Recovery Methodology, which teaches practical skills to help individuals build and maintain momentum, cope with urges, and problem solve enabling them to achieve a healthy lifestyle balance