

OUR EVIDENCE – INFORMED STRATEGY

WE
LIFE WITHOUT BARRIERS
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WHY...

AN EVIDENCE–INFORMED STRATEGY?

Our purpose is to partner with people to change lives for the better

This means we have a fundamental obligation to always try to do the best for our clients

We want to close the gap between what we know works best and what is done every day

We know that using evidence to guide our service delivery can improve outcomes for the people with whom we partner

WE KNOW IT'S THE RIGHT THING TO DO.

HOW...

WILL WE DO IT?

Continue to engage with the evidence to find new and better ways of working with people

Understand what counts as good evidence

Maintain a learning culture that motivates staff to keep learning and improving, and encourage innovation guided by sound evidence to meet local needs

Make continuous evaluation and development part of the fabric of our organisation

Allow time and space for critical reflection on our practice and programs

WHAT...

ARE WE DOING?

Continuing to implement evidence-based programs

Partnering with research institutions and engaging with research leaders in our field

Enhancing use of data to inform practice improvement

Continuously monitoring our service delivery and facilitating regular client feedback

Embedding a culture of learning and improvement and collaborating to share what we learn

Ensuring all services are underpinned by a program logic statement and outcomes measures

WHERE...

CAN YOU FIND MORE RESOURCES?

Visit <http://www.lwb.org.au/about-us/publications-and-resources/evidence-informed-strategy> for more, including our:

Evidence-informed strategy and the research paper that underpins it

Research Partnerships Policy Guideline

Research and Publications Register

SOME OF OUR EVIDENCE – BASED PROGRAMS

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CHILDREN AND RESIDENTIAL EXPERIENCES (CARE)

A multi-component program designed by Cornell University to build the capacity for residential care organisations and staff to provide a therapeutic, evidence-based practice model to improve outcomes for children in their care.

MULTISYSTEMIC THERAPY (MST)

An intensive, gold standard evidence-based program for at-risk youth, their families and communities. LWB are the MST Network Partners for Australia and New Zealand and have supported hundreds of families in programs in remote, regional and urban areas.

YOUTH ADVOCATE PROGRAM (YAP)

A personalised mentoring program using advocates who work intensively with at risk young people to help them engage with their community, repair relationships with family and achieve their goals.

THERAPEUTIC CRISIS INTERVENTION

A crisis management approach developed by Cornell University for residential child care facilities that provides a protocol for crisis prevention and intervention.

PARENTS UNDER PRESSURE (PUP)

An Australian-developed program that supports families facing adversity to develop positive, secure relationships with their children.

MULTISYSTEMIC THERAPY – CHILD ABUSE AND NEGLECT (MST–CAN)

An adaption of the MST model that focuses on helping young people and their families cope with child abuse and neglect.

ABECEDARIAN APPROACH

A combination of teaching and learning enrichment strategies for use in early childhood education settings to facilitate positive child outcomes in areas such as cognitive, social, emotional, communication, and school readiness skills.

COGNITIVE SELF–CHANGE

A psychosocial rehabilitation-based program offering a Cognitive Behavioural Therapy technique called ‘Cognitive Self-Change’. LWB is the first organisation in Tasmania to run the program.

SOME OF OUR RESEARCH PARTNERSHIPS

CARE Implementation Outcome Evaluation

Cornell University

Perspectives of Parents with Children in OOHC

University of Newcastle

Use of Medication for Adults with Intellectual Disability in Queensland

Queensland University of Technology

Lost in Transition: Supporting Young People With Complex Support Needs

UNSW, La Trobe, Monash, QUT (ARC)

Exploring the Experiences of Young People in Residential Care

Australian Catholic University

Building the Evidence Base for Prevention and Recovery Care Services

University of Melbourne (NHMRC)