

## Summary

As an NDIS provider, Life Without Barriers (LWB) must comply with the NDIS Practice Standards and Quality Indicators to deliver high quality and safe High Intensity Daily Personal Activities (HIDPA) support. In addition, trainers should use the [High Intensity Support Skills Descriptors](#) to ensure the training they offer equips LWB staff with the skills and knowledge expected to provide high-intensity supports.

To support this, we have developed this document to guide Appropriately Qualified Health Practitioners (AQHP) in the training requirements regarding the provision of Wound Care.

When training LWB staff in wound care, please include ALL the essential elements relevant to the person's plan and support task.

You will be asked to complete an endorsement following training to confirm the following:

- you have accessed the NDIS LWB 5695 HIDPA Complex Wound Care – Training Essentials (this document)
- you have accessed the relevant LWB HIDPA Support Procedure
- names of staff member/s you trained in the person's plan and support task
- that the staff member/s were assessed as competent and effectively demonstrated skills, knowledge and understanding associated with the plan, or whether further training is required.

If you have any additional questions regarding the training and requirements of our staff, please contact our Professional Learning Team at [LearningDMH@lwb.org.au](mailto:LearningDMH@lwb.org.au).

Thank you for working in partnership with LWB to maintain the safety and wellbeing of the people we support and assist us in complying with the [NDIS Practice Standards and Quality Indicators](#) related to the provision of Complex Wound Care.

| <b>Essential Training Element</b>   | <b>Training Outcome</b><br>LWB staff members will practically demonstrate:   |
|---|--|
| <b>Understands the wound care the purpose of and complications associated with the procedures</b> | An understanding of the different types of wounds, their cause and related care requirements   |
|   | A basic understanding of risk factors for pressure injuries, neuropathic ulcers or moisture-associated skin damage (MASD) related to the person’s support requirements |
|   | An understanding of techniques and common strategies to prevent pressure areas and manage pressure injuries and wounds   |
|   | A basic understanding of the process of wound healing to identify improving or deteriorating conditions  |
|   | Knowledge of complications, when to seek medical advice and what they can do with their scope of practice  |
| <b>Emergency Response</b>   | Knowledge of when to stop the procedure and what action to take  |
| <b>Administer wound care as per the person’s plan.</b>  | How to check the person’s Complex Wound Management Plan  |
|   | How to gather the required equipment and consumables used in complex wound management and prepare the area   |
|   | How to perform skin checks to identify indications of initial or worsening injury and infection  |
|   | How to carry out methods as per the person’s plan for positioning and turning to prevent a pressure injury   |
|   | How to carry out methods and techniques per the person’s plan for wound care support   |
| <b>Shows respect for the individual and works with them to</b>                                    | Ensuring support practice respects the person throughout the process   |
|   | An explanation to the person of each step to be taken and seek their consent before performing any tasks   |

| <b>Essential Training Element</b>     | <b>Training Outcome</b><br>LWB staff members will practically demonstrate:   |
|---------------------------------------|--|
| <b>make the process comfortable</b>   | Actively involving the person in their support, as outlined in their plan, and to their chosen level                                 |
|                                       | How to assist the person into the correct position for the procedure and reassure them throughout the process                        |
| <b>Health, Safety and Environment</b> | Hygiene and infection control procedures. For example, they wash their hands and put on appropriate PPE before commencing activities |
|                                       | How to clean and dispose of all equipment and waste appropriately  |
|                                       | Appropriate and accurate documentation and when wound care is completed.   |