

A summary of Life Without Barriers' Annual Report 2021-2022



How to use this book

This book is by Life Without Barriers.

It is in Easy English.

We use pictures to help people know what it is about.

Some words are in **blue** and we will tell you what the words mean on page 23.



What is this book about?

This book tells you what Life Without Barriers did from July 2021 to June 2022 to help people.



What is in this book

- A message from our Chair and Chief Executive – page 4
- How we helped **Reconciliation** – page 5
- Who did we help – page 7
- How we helped people with disability and **mental health** sickness – page 9
- How we helped people who are children, young people, and families – page 13
- How we helped people who are **refugees** – page 15

Easy English Booklet

- How we helped people who have alcohol and other drug sickness – page 16
- How we helped people who are old – page 17
- Removing things that stop people we help from having a happy life – page 18
- Other people we worked with – page 21
- New words in this book – page 23

A message from our **Chair** and **Chief Executive**



We have a group of people who make sure we are doing the right thing for people we support.



The **Chair** of our Board is Greg Ridder.



The **Chief Executive** is Claire Robbs.



The **Chair** and **Chief Executive** thank all the people we help, for trusting us to help them be safe and happy.

How we helped **Reconciliation**



It is good for **Aboriginal and Torres Strait**

Islander children to be looked after by Aboriginal and Torres Strait Islander grownups.

Life Without Barriers said that in 10 years, we will not look after Aboriginal and Torres Straits Islander children.



We will let them be looked after by other Aboriginal and Torres Strait Islander people.



SNAICC
National Voice for our Children

An Aboriginal organisation called **SNAICC** is helping us to do this.



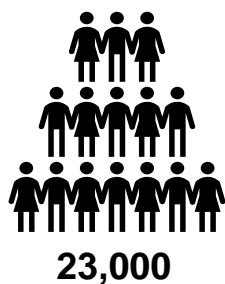
RAP

Life Without Barriers has a **Reconciliation** Action Plan, called RAP for short.

The RAP is a plan that tells us what we will do to help reconciliation.



We have a new RAP that will show us more things we can do to treat **Aboriginal and Torres Strait Islander people** fairly.



Who did we help

Life Without Barriers helped more than 23,000 people to be happy and healthy and safe.

We helped:

- People with disability and **mental health** sickness
- People who are new to Australia
- People who are old
- Children, young people and families
- People with alcohol and other drug sickness



We helped people to be safe when we had floods in February and March 2022.

Easy English Booklet



Coronavirus

We helped people to not get sick from the coronavirus (also called COVID-19).



We gave more people with **diverse backgrounds** jobs with us.



We did this because different people have different ideas, and this helps us help other people better.



We finished our fourth Access, Inclusion and Employment Plan (AIEP). The Plan helps us give more people with disability a job.

How we helped people with disability and **mental health sickness**



5,700 people

We helped 5,700 people with disability and **mental health** sickness.

We asked them how they want us to help them so we can give them better help.

Here are some examples:



This is Kenny.

- We helped Kenny find a hobby he likes and to make new friends.

Easy English Booklet



This is Freddy.

- Freddy used to go to a Life Without Barriers community program called The Hub.
- We helped Freddy to get a job at the Hub to help other people.



This is Yerilama.

- He lives with John.
- We helped Yerilama and John make their garden beautiful.

Easy English Booklet



We helped people who come to Life Without Barriers' community program to start a band called Sound Barriers.



We helped **Aboriginal and Torres Strait Islander people** who live in remote areas in Western Australia to get their drivers licence.



1,249 people

We helped 1,249 people who live in **Supported Independent Living** homes.

These are also called **SIL** homes.

How we helped children, young people and families



4,929

We helped 4,929 children and young people.



2,703

We thank our 2,703 **carers** who look after children who cannot live with their mums and dads.



This is Robyn. She is one of our **carers**.

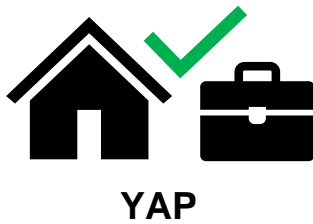
Robyn helped Cody grow, feel better and do well at school.



MOCKINGBIRD FAMILY™ are small groups of **carers** who help each other.

Easy English Booklet

Life Without Barriers now has three new
MOCKINGBIRD FAMILY™ groups in Adelaide.



Our **Youth Advocate Program (YAP)** helps
young people get jobs and stay in their own
homes.



We also help them to not get in trouble with the
police.



Shannon was helped by **YAP**.

- A big company has paid Shannon for an artwork she made for them.
- The company is helping Shannon have a business doing art.

Easy English Booklet



We helped young people who were getting in trouble with the police.



MST-CAN

We have a special program that helps them and their families to feel happier.

The special program is called **MST-CAN**.



We worked with Cornell University to help children and young people to be happier and healthier.

How we helped people who are **new** **to Australia**



We helped refugees find new homes and new jobs
and to feel better.

How we helped people who have alcohol and drug sickness



Next Steps

We have a special program called **Next Steps** to help people who have alcohol and drug sickness to get better.



Tom

One of the people we helped was Tom.

- Tom now has a job and says he feels happy.

How we helped older people



8,261

We helped 8,261 older people to live in their own homes.



This is Betty.

- Betty enjoys living in her home.
- She finds it hard to do some things at home like cleaning.
- We helped her do these things so she can keep living in her home.

Removing things that stop people we help from having a happy life



Young people in care can find it hard at school.

We have an Education Team who help children and young people in care to enjoy learning and school.

We helped Mitchell.

- Mitchell finds school hard.
- Mitchell loves cars
- We helped Mitchell by using his love of cars to make learning fun for him.



Easy English Booklet



People with disability find it hard to get jobs.

Life Without Barriers and another company called **Joblife** helped people with disability to get jobs.



We have a program called **Young People's Employment Pathways (YPEP)**

It helps young people with disability get a job they like.



This is Alex.

- We helped him to learn more about different jobs so he can find one he likes.

Easy English Booklet



We want people with disability who have support with **Supported Independent Living)** to be happy.



**LIFE WITHOUT
BARRIERS**

We asked 100 people who have supported from us how we can help them be happy at home.

We asked them:

- where they want to live,
- who they want to live with, and
- how they want to be helped.

Other people we worked with



Children in Care
Collective

The **Children in Care Collective** is a group of people that try to make sure children and young people are safe when they are in care.



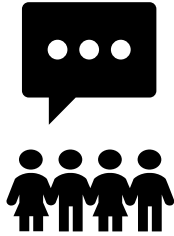
Alliance20 is a group of disability service providers that work together to make services for people with a disability better.



We worked with families who have children in care.

We helped them spend time with their children when it is safe

Easy English Booklet



Our Youth Advisory Group is a group of young people who we help.

They tell us how we can help young people better.

New words in this book

Chair	The boss of all the board members.
Board	A group of people who make sure Life Without Barriers is doing a good job.
Chief Executive	The boss of all the people who work at Life Without Barriers.
Aboriginal and Torres Strait Islander people	The first people to ever live in Australia. They have a strong feeling for the land, water and animals in Australia.
Reconciliation	Reconciliation means listening and learning about Aboriginal and Torres Strait Island peoples and making sure we help them in the right way.
Diverse backgrounds	People who are different from one another:

Easy English Booklet

- Lived in another country
- Speak different languages
- Have different genders
- Have a disability
- Are different ages

Mental health

How you feel, your emotions, and your wellbeing.

Carer

When a child can't be looked after by their parents, they are looked after someone else. This person is called a carer.

Refugees

People who left their country because they were in danger and want to find new homes in Australia.

This Easy English book was made by Life Without Barriers. We use Easy English and accessible information so that people know all the different ways we can support them.