

Oxygen Therapy

As an NDIS provider, Life Without Barriers (LWB) must comply with the NDIS Practice Standards and Quality Indicators to deliver high quality and safe High Intensity Daily Personal Activities (HIDPA) support. In addition, trainers should use the [High Intensity Support Skills Descriptors](#) to ensure the training they offer equips LWB staff with the skills and knowledge expected to provide high-intensity supports.

To support this, on the next page is a table to guide Appropriately Qualified Health Practitioners (AQHP) in the training requirements regarding the provision of Oxygen Therapy.

When training LWB staff in Oxygen Therapy Support, please include ALL the essential elements relevant to the person's plan and support task.

You will be asked to complete an endorsement following training to confirm the following:

- you have accessed the NDIS LWB 5675 HIDPA Oxygen Therapy - Training Essentials (this document)
- you have accessed the relevant LWB HIDPA Support Procedure
- names of staff member/s you trained in the person's plan and support task
- that the staff member/s were assessed as competent and effectively demonstrated skills, knowledge and understanding associated with the person's plan, or whether further training is required.

If you have any additional questions regarding the training and requirements of our staff, please contact our Professional Learning Team at LearningDMH@lwb.org.au.

Thank you for working in partnership with LWB to maintain the safety and well-being of the people we support and for assisting us in complying with the [NDIS Practice Standards and Quality Indicators](#) related to the provision of Oxygen Therapy.

| Essential Training Element | Training Outcome LWB staff members will practically demonstrate: |
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| Understands Oxygen Therapy, the purpose, and complications associated with the procedures | Knowledge of the reasons why supplemental oxygen therapy is prescribed, types of oxygen therapy and basic principles in providing oxygen therapy |
| | An understanding of the methods and equipment used during oxygen therapy |
| | An understanding of the person's Oxygen Therapy Plan |
| | An understanding of the main risks associated with delivering oxygen therapy including the use of water-based lubricants and transporting and storing risks |
| | An understanding of the need to maintain gas stoves, gas appliances, candles, matches, lighted fireplaces, BBQs, open flames, and heat sources at least 3 metres away from oxygen |
| Emergency Response | An understanding of possible emergencies associated with oxygen therapy and what action to take |
| | Ensuring a working fire extinguisher suitable to be used with oxygen and electrical equipment is within easy reach. |
| Preparation and delivery of oxygen therapy as per the person's plan | How to check and follow a person's Oxygen Therapy Support Plan |
| | How to assist with skin care, including checking and preventing pressure areas |
| | How to correctly apply an oxygen mask or nasal prongs and understands maintenance requirements |
| | How to identify when oxygen tubing should be replaced |
| | How to operate any required equipment, for example, oxygen concentrator and oxygen cylinders |
| Shows respect for the individual and | An explanation to the person of each step to be taken and seek their consent before performing any tasks |

| Essential Training Element | Training Outcome LWB staff members will practically demonstrate: |
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| works with them to make the process comfortable | Actively involving the person in their support, as outlined in their plan, and to their chosen level |
| Health, Safety and Environment | Hygiene and infection control procedures. For example, they wash their hands before and after the procedure |
| | How to identify and address any trip hazards re-tubing and electrical cords |
| | How to clean and dispose of all equipment and waste appropriately |
| | Appropriate and accurate documentation and when the procedure is completed. |