

Individualised Community

Living Strategy (ICLS)

About our ICLS program

Life Without Barriers provides the Individualised Community Living Strategy (ICLS) program – a holistic approach to wellness. We deliver safe services to the people we support, encouraging recovery and creativity. We challenge stigma and inspire hope.

About Life Without Barriers

Life Without Barriers is a nationwide not-for-profit organisation providing care and support services. Tailored to individual needs, our services include mental health, homelessness, and disability plus we also support children, youth and families, older adults, refugees and asylum seekers. Our commitment to Reconciliation drives our culturally sensitive and inclusive programs.



Our approach to Mental Health services

Our vision is to strengthen mental health and wellbeing and reduce isolation through partnering with people and communities. Our RELATE framework approach includes:

- ✓ Strengths-based and person-centred recovery and wellbeing practice
- ✓ Engaging with families, carers, and the community
- ✓ Valuing and respecting lived experience
- ✓ Inclusive partnerships based on trust and respect
- ✓ Respecting and honouring diversity
- ✓ Human rights and trauma-informed practice.

At Life Without Barriers, we champion individual uniqueness. Everyone deserves a voice in decisions shaping their recovery journey. We work to create safe and comfortable spaces where individuals are supported to live a full and happy life.

Our ICLS Team

Our experienced ICLS team ensures quality psychosocial support, empowering individuals in their recovery. We assist those with mental health conditions to:

- Maintain safe housing
- Address clinical and psychosocial needs
- Build social connections
- Contribute to their community
- Pursue educational and vocational opportunities
- Develop self-management skills.

Our ICLS service covers:

- Perth Metropolitan area – North, East, and South, including Rockingham
- South West – Bunbury
- Goldfields – Esperance
- Kimberley – Broome
- Other locations considered upon request.

Contact us

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