

Our Approach

Case Management involves a comprehensive assessment, case planning, service facilitation and outcome monitoring to connect individuals with services that best meet their needs.

Our case management model

- Provides a single point of contact for services
- Is strengths-based and person-centred
- Is adaptable and meets the needs and goals of the individual
- Provides advocacy for the individual across many systems and agencies
- Provides continuity of support through appropriate referral, transition and follow-up
- Is community-based and reinforces partnerships
- Begins 'where the individual is' by responding to tangible needs
- Understands the natural course of addiction and recovery
- Supports self-determination for all individuals
- Provides culturally appropriate services.

We'd like to hear from you

For more information on our services visit our website, call 08 8193 9400 or email AOD.Counsellor@lwb.org.au

Case Management Services are available across the following programs:

- Community Based Alcohol and other Drugs Services for Veterans
- Alcohol and other Drugs Services Program – Ceduna.

 [lwbaustralia](#)

 [LWBAustralia](#)

 [Life Without Barriers LWBAustralia](#)

 [Life Without Barriers](#)

 [Life Without Barriers](#)

www.lwb.org.au

Case Management

Alcohol and other drugs



**LIFE
WITHOUT
BARRIERS**

Life Without Barriers provides Alcohol and other Drugs Case Management services to people with identifiable alcohol and/or other drugs dependency.

Depending on the program, services are available through self-referral or referral by a GP, family/carer, hospital personnel, mental health services or social and emotional wellbeing workers. Please contact Life Without Barriers if you are unsure of your referral pathway.

Life Without Barriers Approach

We see people as individuals who have unique needs and tailor our services to meet their needs by adopting a person-centred approach.

We adopt a harm-minimisation framework in our alcohol and other drugs programs, supporting our clients to identify and achieve their identified treatment goals.

Our goal is to partner with people and utilise their personal strengths to achieve long lasting changes in their lives.

Our services are designed and delivered in ways that are inclusive, appropriate and respectful to all people.

Service Principles

- Services are voluntary.
- Intervention at the earliest possible point of crisis to minimise ongoing dependency on services.
- Collaboration with other agencies, ensuring a comprehensive and holistic approach in meeting the client's needs, safety, and recognising/addressing the needs of the client's children where applicable.
- Provision of relapse prevention strategies through education and group activities.
- Adoption of a recovery methodology which teaches practical skills to help individuals build and maintain momentum, cope with urges, and problem solve enabling.

