

CPAP/BiPAP Support

As an NDIS provider, Life Without Barriers (LWB) must comply with the NDIS Practice Standards and Quality Indicators to deliver high quality and safe High Intensity Daily Personal Activities (HIDPA) support. In addition, trainers should use the [High Intensity Support Skills Descriptors](#) to ensure the training they offer equips LWB staff with the skills and knowledge expected to provide high-intensity supports.

To support this, on the next page is a table to guide Appropriately Qualified Health Practitioners (AQHP) in the training requirements regarding the provision of CPAP/BiPAP Support.

When training LWB staff in CPAP/BiPAP support, please include ALL the essential elements relevant to the person's plan and support task.

You will be asked to complete an endorsement following training to confirm the following:

- you have accessed the NDIS 5676 LWB HIDPA CPAP/BiPAP - Training Essentials (this document)
- you have accessed the relevant LWB HIDPA Support Procedure
- names of staff member/s you trained in the person's plan and support task
- that the staff member/s were assessed as competent and effectively demonstrated skills, knowledge and understanding associated with the plan, or whether further training is required

If you have any additional questions regarding the training and requirements of our staff, please contact our Professional Learning Team at LearningDMH@lwb.org.au.

Thank you for working in partnership with LWB to maintain the safety and wellbeing of the people we support and assist us in complying with the [NDIS Practice Standards and Quality Indicators](#) related to the provision of Non-Invasive Ventilation CPAP/BiPAP Management.

| Essential Training Element | Training Outcome LWB staff members will practically demonstrate: |
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| Understands the anatomy of the upper respiratory tract, the purpose complications associated with the procedure | An understanding of the basic anatomy of the upper respiratory tract |
| | An understanding of the reasons for and purpose of CPAP/BiPAP |
| | An understanding of why the person we support needs to use CPAP/BiPAP |
| | An understanding of the person’s Non-Invasive CPAP BiPAP Plan, including when and what action is required |
| | An understanding of possible complications and how to respond |
| Emergency Response | An understanding of when to stop the procedure and what action to take |
| Administer Non-Invasive Ventilation as per the person’s plan | An understanding of the need to check the person’s Non-Invasive CPAP BiPAP Plan before commencing the procedure |
| | Knowledge of the required equipment and where they are located – mask and head straps, CPAP/BiPAP machine |
| | How to wash hands and put on gloves |
| | How to use distilled water to fill the humidifier to the correct level |
| | How to correctly place the mask on the person’s face |
| | How to check the mask and make any adjustments |
| | How to activate the machine and check for air leaks |
| | How to check that the machine is at the correct setting |
| Ensuring the comfort of the person they are supporting | |

| Essential Training Element | Training Outcome LWB staff members will practically demonstrate: |
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| | How to check the person’s face and neck for pressure sores or another injury |
| | How to disengage the CPCP/BiPAP machine after administration |
| Shows respect for the individual and works with them to make the process comfortable | Ensuring support practice respects the person throughout the process. |
| | An explanation to the person of each step to be taken and seek their consent before performing any tasks |
| | Actively involving the person in their support, as outlined in their plan, and to their chosen level |
| | How to assist the person into the correct position for the procedure and reassure them throughout the process |
| Health, Safety and Environment | How to follow hygiene and infection control procedures. For example, they wash their hands and put on appropriate PPE before commencing activities |
| | How to clean and dispose of all equipment and waste appropriately |
| | Appropriate and accurate documentation, and when it is completed |