

Life Without Barriers (LWB) acknowledges that advocates can provide valuable assistance to the people we support in decision-making and promoting individual rights, interests, and well-being.

At Life Without Barriers we:

- promote and protect individual rights including freedom of expression, independence, and informed choice.
- support individuals to exercise these rights;
- facilitate opportunities for individuals to make choices and have stronger voices, maximising independence relating to the supports and services LWB provide.
- provide support that enables individuals to make decisions about how and when they access advocacy services
- assist individuals to access an advocate as needed or requested.
- respect an individual's choice of advocate
- work with the individual and their advocate to ensure that the individual's needs, preferences, and interests remain at the focus of our service design and delivery.
- keep updated information and resources about advocacy services to ensure that the individuals we support are offered appropriate advocacy services as required.

More information

LWB does not provide advocacy support, however we can help you access advocacy services. If you wish to access an advocate, please talk to your local staff, or contact the relevant advocacy service in your local State or Territory listed below:

- **ACT:** Disability, Aged and Carer Advocacy Service Inc (02) 6242 5060.
- **NSW:** Intellectual Disability Rights Service (02) 9318 0144, Multicultural Disability Advocacy Association of NSW (02) 6891 6400 or 1800 629 072.
- **NT:** Ombudsman for the Northern Territory (08) 8999 1818.
- **QLD:** Qld Aged and Disability Advocacy Inc. (07) 3637 6000.
- **SA:** Citizen Advocacy South Australia Inc (08) 8410 6644, Disability Advocacy and Complaints Service (08) 8297 3500.
- **TAS:** Speakout 0362312344, Advocacy Tasmania 1800 005131.
- **VIC:** Disability Advocacy Resource Unit (03) 9639 5807.
- **WA:** Citizen Advocacy Perth West Inc (08) 9322 5999, Ethnic Disability Advocacy Centre (08) 9388 7455.