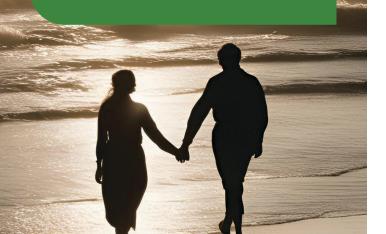
### **Life Without Barriers Approach**

At Life Without Barriers, we see people as individuals with unique needs and tailor our services to meet these needs by adopting a person centred approach.

Our aim is to work alongside and empower individuals to make the best possible choices for themselves whilst staying connected with their families and communities if they so wish.

We have extensive experience delivering trauma-informed care to young and vulnerable people, and have a sophisticated understanding of the effects of trauma on development, behaviour, and mental and physical health.



## Being forced to marry is a crime. Support is available.

Get support for yourself or someone else by registering:



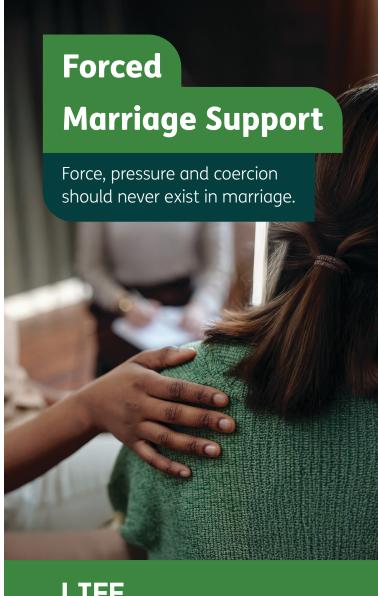
**Prefer to call us?** Reach out for a discreet discussion on 1800 403 213.

- lwb.org.au/services forced-marriages-support
- (C) LWBAustralia
- Life Without Barriers
- in Life Without Barriers
- ▶ Life Without Barriers

## lwb.org.au

Life Without Barriers is funded by the Department of Social Services to provide the Forced Marriage Specialist Support Program.





## LIFE WITHOUT BARRIERS

Partnering with people to change lives for the better.

Life Without Barriers provides tailored and trauma-informed support services to people at risk of, or victim-survivors of forced marriages.

We work with clients nation-wide, to provide holistic care that establishes physical and emotional safety, supports holistic growth, builds meaningful connections and empowers individuals to live safe and free lives.

# Need support for yourself or someone you know?

Call 1800 403 213 for a discreet conversation or register at the QR code.





#### **Forced Marriage Support Services**

Our program provides comprehensive support for victim-survivors and those at risk, empowering individuals to make the best choices for themselves. We focus on:

**Immediate Safety:** Prioritising emotional and physical safety through tailored safety plans.

**Holistic Growth:** Connecting clients to legal advice, financial support, and health services based on their goals and strengths.

**Pathways to Independence:** Building confidence and independence through employment, education, and training opportunities.

**Re-connection:** Assisting clients in safely re-establishing trust with family, community, and religious groups.

**Family Strengthening:** Using culturally sensitive approaches to foster open communication and safer home environments.

What is a forced marriage? A forced marriage occurs when someone is married without their free and full consent, due to coercion, threats, deception, or an inability to understand the consequences.

How is a forced marriage different from an arranged marriage? In an arranged marriage, families may introduce potential partners, but both individuals freely consent without pressure or fear. In a forced marriage, one or both individuals are coerced through threats, manipulation, or violence, making it a violation of human rights.

Who can be a victim of forced marriage? Anyone can be a victim, regardless of age, gender, sexual orientation, or background. However, it disproportionately affects young women and girls. If a person was pressured into marrying or feared the consequences of refusing, it is highly likely a forced marriage occurred.