

LIFE WITHOUT BARRIERS



A special person in your life.

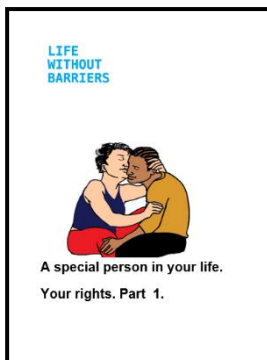
How we help you. Part 2.



There are 2 books about this.



This is part 2.

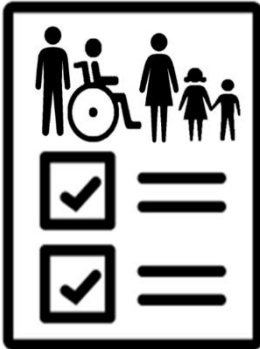


Part 1.

A special person in your life. Your rights.



How staff help you



There are lots of things staff must know.

They are about

- your rights
- how to help you



Bad things can happen.

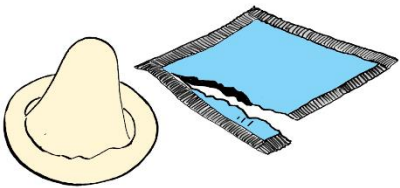
There are laws about this.



Staff must listen to you



Staff help you to be safe.



Staff must help you find information. Like learn

- what are condoms
- how to use a condom
- how to use sex toys
- how to have safe sex.



Staff must **not** have sex with you

Staff are **not** your special friend

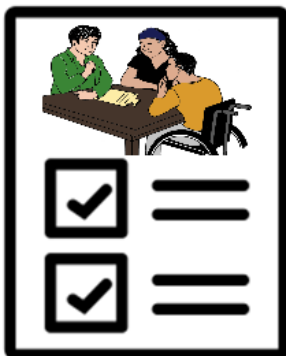


Staff listen to you



You talk about

- what you want to do
- what help you need
- how you feel.



You make a plan with the staff.



Your family may have some ideas.



We will listen to your family.

But



Staff think about

- what you want
- the best way to help you.
- how to help you make safe choices.



You may live with other people.

Like in a group home.



You want a friend to stay. It is in your room.

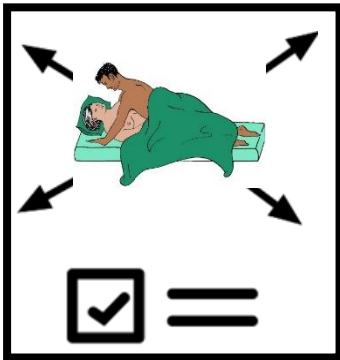


Staff think about the people you live with.



Staff can help you

- learn about special friends
- plan to meet a special friend.

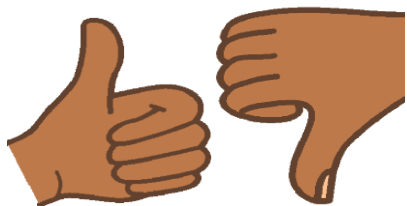


Staff can help you plan. Like

- where you have sex
- who you have sex with
- when you have sex
- how you have sex.



Staff will help you know what is a safe friend.



You can choose what to do



Staff can help you know how to

- say yes to sex
- say **no** to sex

and



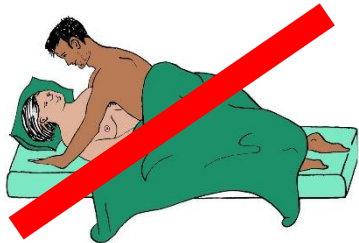
- say **stop** to sex.



You learn how to change your mind. Like

- you think you want sex
- you take your clothes off.

But

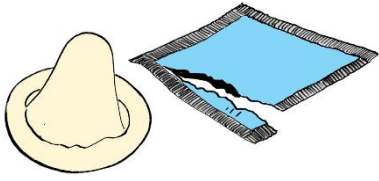


- you change your mind.
- You do **not** want to have sex



You may want to only

- hug the other person
- kiss the other person.



Staff can help you get the things you need. Like

- condoms
- creams
- sex toys



You ask about different ways to have sex.

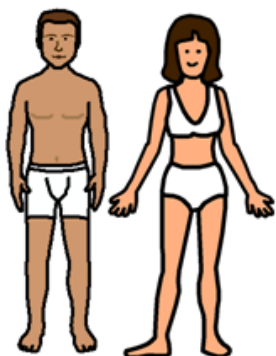
Staff may show you pictures in a book. Like

- there is a woman is on top of the man
- they kiss in a different way.

You want to try that when you have sex.



Sex and your health



Staff can help you learn about your body.



Staff can help you learn about sex health.

Like about sex germs.



We can help you talk to your doctor.



Most people have sex with a person.



You may **not** want to do that.

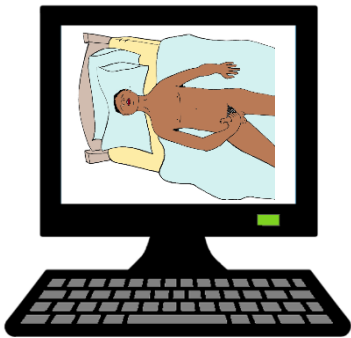
But



You still want to feel good.

Staff can help you know how

- to use your hands
- to use sex toys.



They can help you to find pictures

- on your computer
- in a book.

They can help you find movies you can watch.



You tell us you want a sex worker.



You say you want a

- therapist.
- social worker.

You can talk to them about how you feel.

Staff help you find these people.



You want sex



Staff can help you meet

- a sex worker
- a person to talk about sex.



They may need to talk to other people. Like

- their boss
- the Life Without Barriers staff help centre
- other special staff at Life Without Barriers.

These staff knows the rules about the help you can get.



Staff may need to talk to your

- guardian
- or
- family.



Staff will talk to you first.

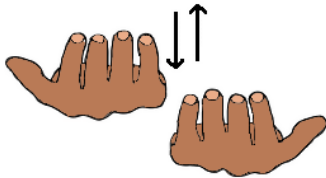
Staff must check you are OK with this.



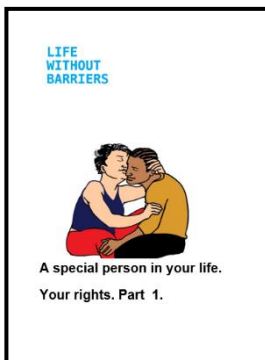
You can say

- yes
- no

or



- not sure.

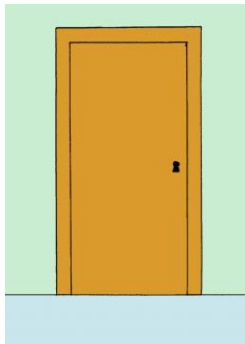


Read **A special person in your life.**

Your rights. Part 1



Your sex life is private



You have sex in private.

Staff can **not** go in. Other people can **not** go in.



Your sex life is private.

But



Some times bad things happen.

It may be a person hurts you.

Like they make you look at pictures of sex.

You do **not** want to.



Staff will talk to you.



We must report this. Like

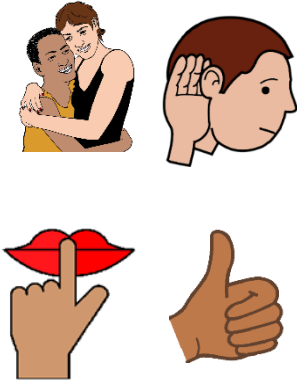
- to the police



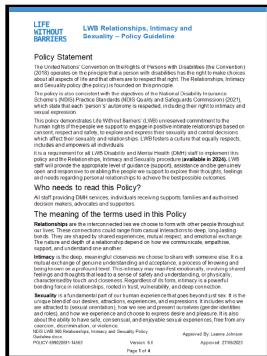
- to the Life Without Barriers big boss
- other places. It may be the NDIS.

Images

We can use the images from



- Change People
- Picto Selector
- TheNounProject
- Tobii-Dynavox.



This fact sheet is based the

Life Without Barriers Relationships, Intimacy and Sexuality Policy Guideline, which was approved by Leanne Johnson on 27 June 2023.



Access Easy English wrote the Easy English.

April 2023.