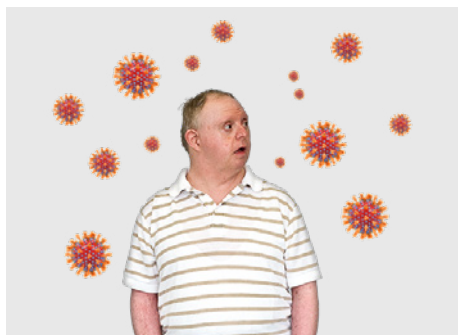


# What is happening in my home



Your group home is locked down because of COVID.

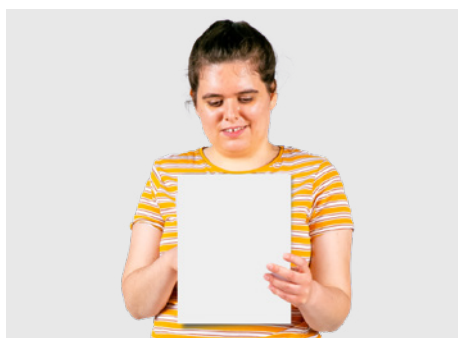
This means no one can leave home.



This is to keep you and other people safe.



We know this is a hard time for you.



This information will help you understand what is happening.

# Staff changes



Your usual staff cannot come to the house at the moment.



They need to stay home to keep everyone safe.



You have new staff coming to support you.



This might be hard if you do not know them.



New staff must wear special clothes when they are in your home.

**PPE**

This is called Personal Protective Equipment or **PPE**.



PPE is

- Gloves
- Goggles
- Masks
- Gowns



Remember this is to keep you safe.



One of your new staff is a nurse.

They will do health checks 2 times a day.



They will check your

- Blood pressure
- Temperature
- Heart rate



You can talk to the new staff and get to know them.



We will tell you when your usual staff are coming back.

## Other people in your home



There are other people coming in to your home.



These people are here to keep you safe.

## COVID test



A health team comes every day to test you for COVID.

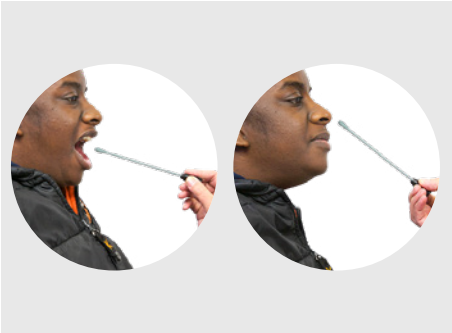


The test takes a few seconds.



The doctor or nurse will use a big cotton bud.

This is called a **swab**.



They will put the swab into your mouth or nose.



The test might feel a bit uncomfortable.



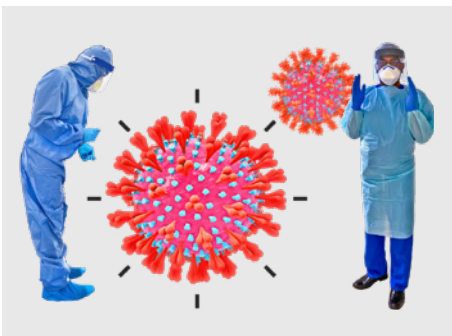
This might make you

- Sneeze
- Cough
- Cry

## Infection control team



Sometimes a different health team will come to your house.



They are the **infection control team**.



**Cleaners** come in to your house every day.

They do a deep clean.



They use special spray to get rid of COVID.

The spray might make your house smell different.



The cleaners wear a big suit called a **hazmat suit**.

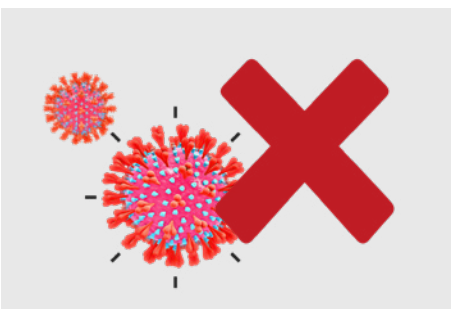


The suit looks a bit scary.

But it keeps the cleaners safe.



The cleaners will clean the whole house every day.



This is to make sure the virus does not spread.

This will help keep you safe.



When they clean your bedroom you will go to another area.



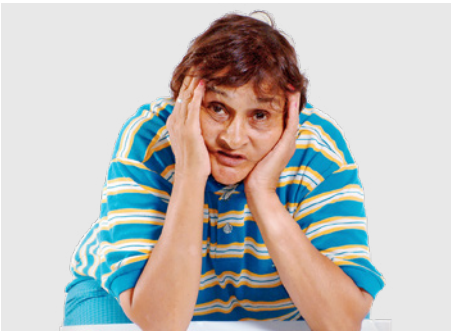
## During the day



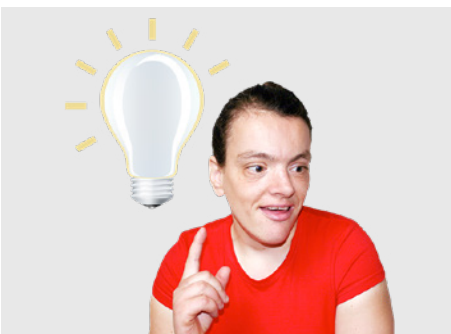
You cannot leave your house at the moment.



Your food will be delivered.



We know this is a hard time for you.



There are things you can do to keep busy.

You can talk to your family or friends on the phone.

# Things to do



You can

- Play cards or a game
- Draw pictures or write a letter
- Listen to music



Many choices have been taken away from you.

Think about things you can choose.

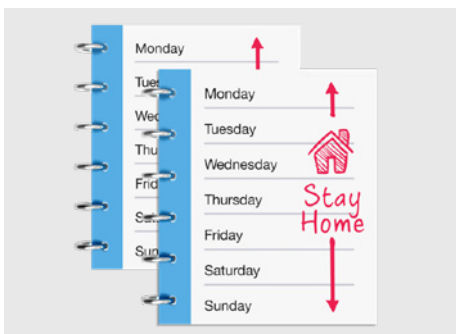


- What clothes to wear today
- What to watch on TV
- What to have for morning tea



If you feel sad or angry talk to staff or family and friends.

# Remember



**Remember** your home is in lock down.

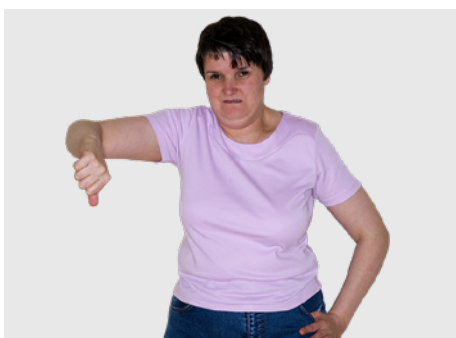


You cannot leave your home.



**Remember** you have the right to be safe.

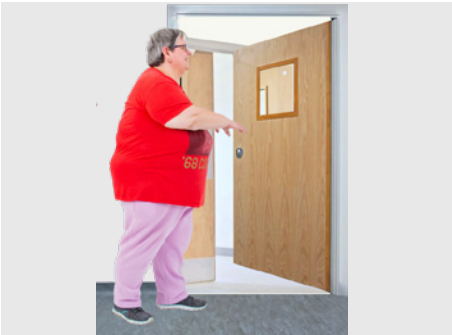
Staff must treat you well.



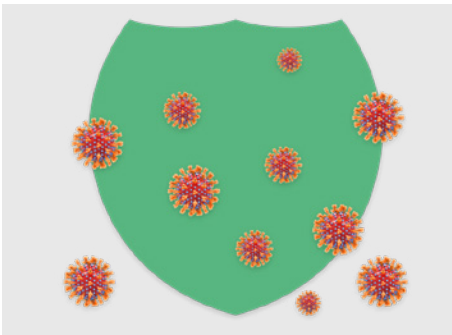
If you feel unsafe or someone treats you bad you can make a complaint.



**Remember** people care about you.



The lock down is not forever.



These changes will help keep you safe.



CID made this Easy Read guide.



We thank Unisson for supporting us to make this guide.