

# COVID-19 Rapid Antigen Test

## Focus ACT's Quick Reference Guide

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### Your Test Kit contains:

- 1 x test cassette
- 1 x solution vial
- 1 x dropper tip
- 1 x sterile nasal swab



### How to use the Self-Test Kit

#### STEP 1

Open the test kit cassette and place it to one side.



## STEP 2

Insert the solution into allocated area on box.



## STEP 3

Put on appropriate PPE.



**STEP 4**

Remove seal on the solution vial.



**STEP 5**

Blow your nose.



## STEP 6

Remove swab from packaging.



## STEP 7

Insert swab into 1<sup>st</sup> nostril until your eyes begin to lightly water. (1.5 – 2.5 cm)  
Rotate for 15 seconds.



### STEP 8

Insert swab into 2<sup>nd</sup> nostril until your eyes begin to lightly water (1.5 – 2.5 cm).  
Rotate for 15 seconds.



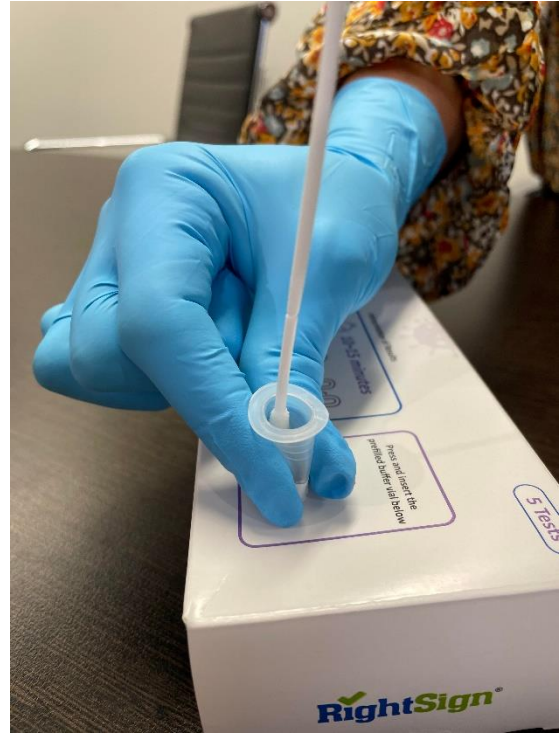
### STEP 9

Insert swab into solution vial and rotate for 10 seconds – make sure it touches the sides!



### STEP 10

Slowly remove the swab from solution, whilst firmly squeezing the top of the vial to remove any excess liquid from swab as it is removed.



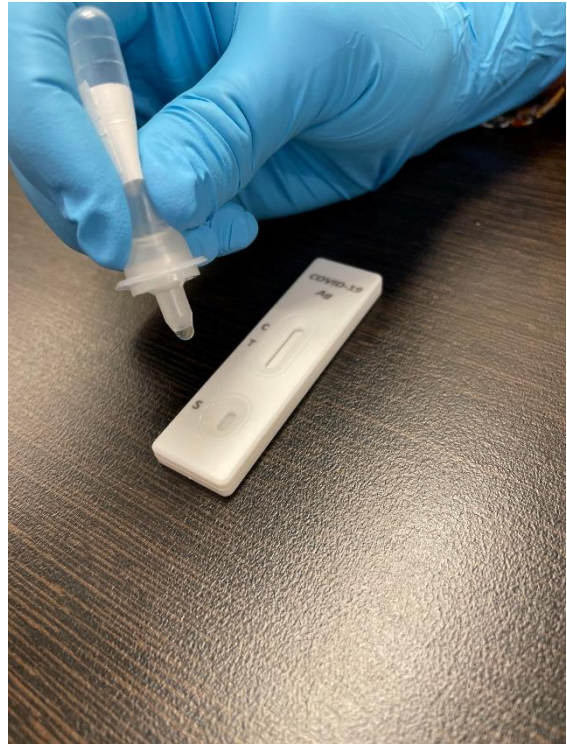
### STEP 11

Place dropper tip firmly onto solution vial.



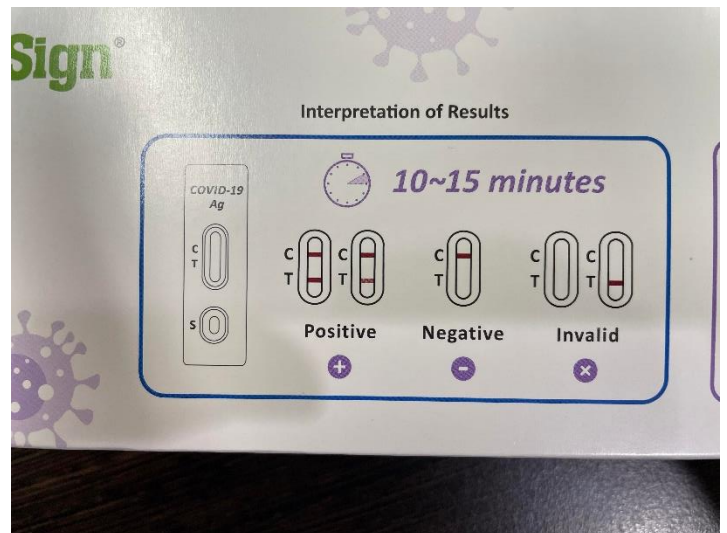
### STEP 12

Squeeze 3 drops of liquid onto the area marked with the 'S' on the test cassette.



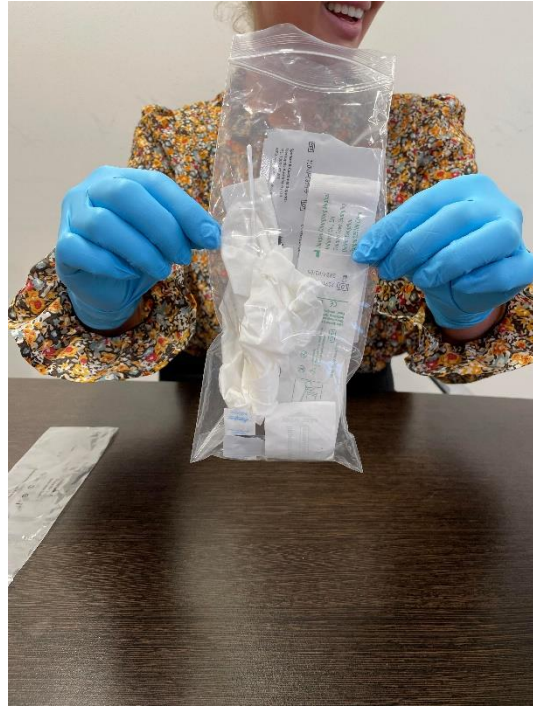
### STEP 13

Read the result at 10-15 minutes. The interpretation of results can be found on the back of the box.



## STEP 14

Dispose of all rubbish safely and appropriately.



**Congratulations!**  
You have successfully  
completed a COVID-19 Antigen  
Rapid Self-Test

Please note: If your results show that you are potentially positive, you must go and have a standard PCR COVID-19 test at an approved testing facility immediately.

This test is not 100% accurate and does not substitute an approved COVID-19 test at an approved facility.

For more information on Rapid Antigen Testing, click [here](#) or look on the ACT Health Website.

Focus ACT is using Rapid Antigen Testing to complete appropriate screening according to Focus' COVID safe plans.

If you have any questions about Rapid Antigen Testing or how Focus is rolling it out as a preventative measure, please contact Focus on (02) 6282 9422.